

**Dear FMA & Martial Arts Friends,**

We would like to invite you to the FMA Summer Camp held in Nikiti - Sithonia Greece at 26-27-28 of August 2016!

You can combine your summer holidays with hard training, exploring both the magnificent beaches of Chalkidiki and the Filipino Martial Arts.

**WHEN?**

26-27-28 August 2016

Friday- Saturday - Sunday

**WHERE?**

Nikiti, Sithonia, Chalkidiki, Greece.



**WHO?**

Guro Jerome Teague and Guro Christos Koutsotasios will be teaching.



**WHAT?**

In-depth explanation and hard training in the Filipino Martial Arts (Eskrima/ Kali/ Arnis). Armed and Unarmed (watch detailed description below).



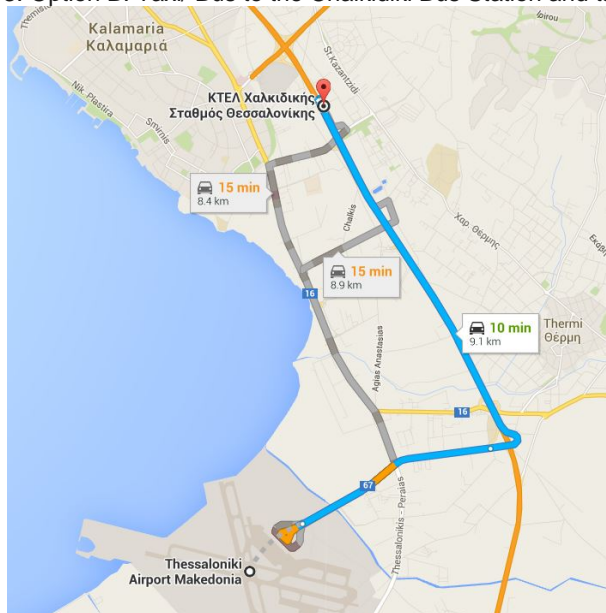
**GEAR:**

1. Sunglasses
2. **Two FMA sticks**
3. **Training knife**
4. **Training sword**
5. **Dulo-dulo/ kubotan/ palmstick**
6. Sun cream protection
7. Hat
8. Good mood

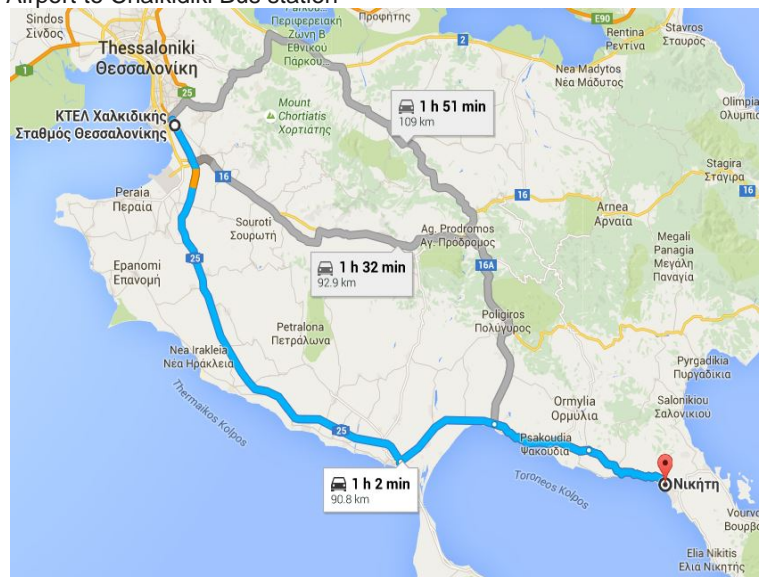
**PS:** 2-3-4-5 can be provided by the organizers, provided you will inform beforehand.

## HOW TO GET THERE?

1. Airplane to Thessaloniki Airport (SKG).
2. Option A: Rent a Car and drive there
3. Option B: Taxi/ Bus to the Chalkidiki Bus Station and take a Bus to Nikiti



### Airport to Chalkidiki Bus station



Thessaloniki to Nikiti:

### COST?

3 Days: €100 (\$115)

2 Days: €80 (\$95)

1 Day: €50 (\$60)

First 20 people to preregister for the full 3 days will receive a free copy of Guro Christos's book on Nickelstick Balintawak.

Registration link:

<https://squareup.com/store/appliedeskrimaseus/item/day-registration-fma-summer-camp-greece-2>

Guro Jerome Teague and Guro Christos Koutsotasio will be teaching the arts of Eskrima/ Kali/ Arnis for three days, by the sea-side and in Gym for 8 hours each day in 2 hour sessions:

**CURRICULUM TO BE COVERED:**

**1. SINGLE STICK**

- a) Instructor Course on Balintawak Eskrima will cover the single Stick with a possibility of grading in the system.
- b) Stick Grappling
- c) Largo Mano

**2. DOUBLE STICK**

Sinawali: theory and application

**3. KNIFE**

- a) Knife vs Knife
- b) Knife vs unarmed

**4. SWORD**

Theory and Application of entries and finishers

**5. UNARMED COMBAT**

- a) Guntings
- b) Panuntukan
- c) Sikaran
- d) Dumog

Event page in Facebook:

<https://www.facebook.com/events/1525409177766814/permalink/1530772330563832/>

**EVEN IF YOU CANNOT MAKE IT THERE:**

<https://www.gofundme.com/2cy3b958>

Consider to give a small amount of money to the crowdfunding link here in order to help us get a DVD out of the seminar (with detailed instruction of each technique presented) and see the great tiers bellow.

1. \$50- A copy of the DVD.
2. \$75- A copy of Guro Christos Koutsotasio's book (260 pages, A4 size, over 800 photos of detailed explanation) of Balintawak Eskrima.
3. \$100- A copy of both the DVD and Nickelstick Balintawak book.

**If you want to ask anything or to give us a heads up through email:**

Guro Jerome Teague: [appliedeskrimase@yahoo.com](mailto:appliedeskrimase@yahoo.com)

Guro Christos Koutsotasio: [Chriskouts@gmail.com](mailto:Chriskouts@gmail.com)

Thank you all, we would love to see you, train with you and have an awesome time together!  
Feel free to tell your friends, students, teachers in case they are interested!

Salamat Po!